I'm a parent, how do I get back into work?

Returning to work after having children is difficult for everyone.

For GPs with limited flexibility and long unpredictable hours it can be even harder.

If you are unsure about returning to work after parental leave, speak to the GP Support Hub today.

## Parental leave checklist

- 1. BMA Subscription
- 2. Your rights
- 3. KIT Days
- 4. Childcare options
- 5. GP Parent Support Groups
- 6. Flexible working options



For more information or for support please contact us on...



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