

VERY IMPORTANT INVITATION PROJECT



December 2023 Newsletter

Written by Maddy, Cervical Screening Lead Nurse

Ipswich and East Suffolk Alliance Award

The Cervical Screening “Very Important Invitation” project received the silver award at the Ipswich and East Suffolk Alliance for truly living the Alliance values for collaboration. The team puts in tremendous effort to make sure that patients can easily access Cervical Screening in both Primary Care and community extended access services. Their dedication to inclusivity and overcoming obstacles has helped numerous individuals access Cervical Screening. The team is committed to addressing health disparities and serving the local community.



Merry Christmas and Happy New Year from The Very Important Invitation Project.

We look forward to seeing what 2024 has in store of us!

Keeping warm during your cervical screening!

If your cervical screening is due in the winter months, this does not mean you have to be cold! You can layer up as much as you usually would – we never mind if it takes you a few extra minutes to get undressed before the procedure. We would never rush you, no matter the season! You can keep your socks on throughout your screening and we won't bat an eye if you haven't shaved your legs either! If you wear a long jumper, this can help you feel less exposed (we will always offer you a piece of couch roll to cover yourself with).

What the team have been up to in December

- Maddy and Lucy attended an Integrated Care Academy Alumni Event where they attended a seminar on co-production
- Hannah attended a coffee morning/happiness brunch with the Future Female Society
- Hannah attended a Chill, chat & play – Birth, Bump and Beyond support group in Bury
- Hannah is hosting a health promotion pop-up stand at Ipswich Hospital's Gynae Department on the 20/12/23
- Hannah attended The White Ribbon at the Hold event
- Hannah presented to year 11 at Copleston high school about HPV and cervical screening

November Events

- Laura and Ashleigh ran a health education session at Survivors in Transition in November for face to face drop in as well as a facility to drop in virtually via zoom
- Maddy and Lucy attended a church session in Clacton to provide a health education talk to the congregation in collaboration with African Families in the UK
- Maddy and Lucy also attended Bethel Community Church in Ipswich to provide a health education session to the congregation and both Maddy and Lucy were asked lot of important questions by the audience
- Dr Ruth Bushaway from Suffolk GP Federation's executive team and member of the board had a visit to The Very Important Invitation Project where they were able to showcase the work the project Dr Bushaway was able to review the service and ensure we are always offering the best service to our community and ensuring ongoing best practice
- Hannah attended the Ipswich volunteering and wellbeing event at the Town Hall
- Hannah facilitated two presentations to Christies Care
- Hannah presented to year 11 at Stour Valley School about HPV and cervical screening
- Hannah attended Bury Women's Aid to provide support and an education session



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