

We offer NHS Health check in practice

To be entitled to a free NHS Health check, you must:

- Be registered at this practice
- Be aged between 40 – 74 years.
- Have no current diagnoses of or be taking medication for any of the following:
 - Heart disease.
 - High blood pressure.
 - Atrial fibrillation.
 - High cholesterol.
 - Diabetes.
 - Strokes or mini Strokes.
 - Kidney disease.
 - Dementia.
- Not have had a full, 30-minute NHS health check in the last 5 years, where written results were provided.



Please speak to a care coordinator or
call your practice to book



Email: sgpfed.healthchecks@nhs.net

Contact number: 07938 735373