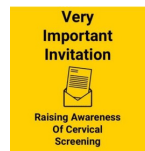


VERY IMPORTANT INVITATION PROJECT



May 2024 Newsletter

Written by Hannah Ismay - Cervical Screening Health Educator, Assessor & Trainer

Jo's Trust

Everybody here at the 'Very Important Invitation' are saddened to hear of the immediate closure of Jo's Cervical Cancer Trust. For over two decades, the organisation has provided invaluable support and has been such a powerful voice at the forefront of raising awareness and lobbying for change.

It was founded by James Maxwell after his wife Jo died of cervical cancer in 1999 aged just 40, and leaving behind her 3 young children.

Jo felt that her diagnosis was due to a combination of factors; her admission to having little knowledge about the causes and symptoms of cervical cancer, her reluctance to challenge medical advice as well as inadequate screening and medical advice. Over the past twenty years, Jo's Cervical Cancer Trust and its supporters have worked tirelessly to raise awareness of cervical cancer, its causes and how to prevent it. From its impact on the launch of the HPV vaccination programme to its education on screening, treatment and survivorship issues, Jo's Cervical Cancer Trust has continued to increase its reach and during that time they have helped support thousands of people.

Unwavering dedication and commitment shown by the trust have been essential in supporting those through their cancer diagnosis but also raising awareness of the cervical screening, in the hopes to increase the uptake of this life saving programme. We are thinking of the staff, the volunteers, trustees and the 3,200 women and people with a cervix, that are diagnosed with cervical cancer each year and the many more thousands of people that have sought out support, information, and guidance. If you need any information and support please do reach out, you can contact Eve Appeal ([About Us](#) | [The Eve Appeal](#)), who are a leading UK national charity funding research and raising awareness into the five gynaecological cancers – womb, ovarian, cervical, vulval and vaginal. Or contact Macmillan Cancer Support on - [Cancer information and support](#) | [Macmillan Cancer Support](#)

If you live in Suffolk and North East Essex, please contact us here at the project, you can talk to our nurses for free confidential advice and support.

We will do our best to ensure the legacy of Jo's Trust continues through our dedication to raising awareness, challenging health inequalities, and supporting those in need.

What have we been up too in May

- Bramford Parent and toddler group
- Attended Fronks Road surgery
- Suffolk Show
- Supported a patient on a home visit.
- Parson's health promotion stand.
- Provided a teaching session to the Training Hub for student nurses
- Attended Errol McKellar Prostate cancer foundation
- Attended Shrub End Surgery with a pop up health promotion stand.
- Attended Bangladeshi Women's Association
- Delivered a Practice nurse and Care Nav health inequalities training session at Saxmundham Surgery.
- Attended Orchard Street Health promotion pop up.
- Attended ICM health and Wellbeing day, Burlington road Church
- Visited Pitstop Pushchair group – Felixstowe
- Had a health promotion stall with the Be Well bus at New Wolsey Theatre Big Afternoon event
- Produced a Learning disability support pack for primary care to utilise.

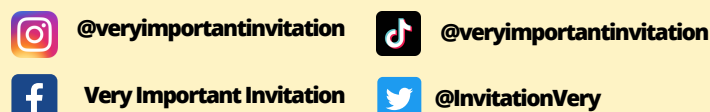


Our newest team members

We have recently welcomed to the team, Lilith who is our new Cervical Screening Community Outreach Nurse and Olivia who is our new Cervical Cytology Nurse, Trainer & Assessor.

Lilith has a background in both primary and secondary care. Her previous role saw her working in Defence Primary Healthcare where she managed the cervical screening programme for serving military personnel. She has an interest in health promotion and understanding potential challenges individuals may face when accessing healthcare services. Lilith is passionate about inclusivity and advocating for those who may need extra support.

Olivia has been a Nurse since 2013 working initially at the Hospital as a ward sister in respiratory. She has also worked as a specialist palliative care nurse within the hospital, community and hospice setting. Most recently Olivia has worked in General Practice She has a keen interest in Cytology, education, and Women's Health. Olivia is keen to break down barriers in communication and empower women around their physical and sexual health.



 sgpfed.veryimportantinvitation@suffolkfed.org.uk

Book cervical screening!

VERY IMPORTANT INVITATION PROJECT

ARE YOU OVER DUE YOUR CERVICAL SCREENING?

SCAN HERE TO REQUEST AN APPOINTMENT

