



Ultrasound Preparation Instructions

Please see the preparation for your scan below, your type of scan will be in your text, email or letter. Please follow the below preparation unless advised otherwise.

If you are unsure or have any questions, please contact our booking team on 0345 241 3313 or 01473 344930 & select Option 1 or email sgpfed.rbs@nhs.net

ABDOMINAL SCAN - You must starve for six hours before your appointment time. You may drink water only.

RENAL SCAN - Please finish drinking two pints of water/squash one hour before your appointment time. Please do not empty your bladder before your scan.

PELVIS SCAN - Please finish drinking two pints of water/squash one hour before your appointment time. Please do not empty your bladder before your scan.

You may also be offered an internal (Transvaginal) scan on the day of your appointment. If you do not wish to have an internal scan for personal reasons (such as not yet being sexually active) you can discuss this with the sonographer during your appointment.

INTERNAL SCAN - You are booked for an internal(transvaginal) pelvic ultrasound. Please attend with an EMPTY BLADDER. If you are bleeding, we can still perform your scan. Please contact our booking team on 0345 241 3313(option 1) if you wish to cancel, rebook or do not want this type of examination.

SOFT TISSUE SCAN – No preparation is required.

TESTES SCAN – No preparation is required.

AORTA SCAN – No preparation is required.