

# VERY IMPORTANT INVITATION

Newsletter, Dec '24

In the lead up to Christmas, we know that excitement levels (and stress levels) are high and Cervical Screening is the last thing on people's mind.

However, we wanted to reiterate the need for the Very Important Invitation and our work during this period. Especially following the latest figures released by the NHS last month, which showed that currently more than five million people are not up to date with their screening.

In 2025, the new 'Ping and Book' service will alert patients via the NHS app when they're due or overdue for screening, starting with other screenings but aiming to include cervical screening by Spring '25. We're optimistic about its potential to encourage bookings, but we know barriers will remain. We'll continue working to reach and support even more individuals next year.

Cervical screening currently saves over 5,000 lives a year — imagine how many more we could save with higher participation. This is crucial to meeting the NHS target of eliminating cervical cancer by 2040. Our work has never been more important.

Most recent data published in November, revealed that 68.8% of eligible individuals were screened, which is a 0.1% increase on the previous year. In total, 3.35 million individuals were screened, which is a decrease of 5.3% on the previous year.

## EVENT HIGHLIGHTS:

- Food Bank Pop-up in Colchester
- Suffolk Refugee Presentation in Ipswich
- Wellbeing Event in Shotley
- PHSE session at Copleston School
- Wellbeing Wednesday at Bury St Edmunds
- Ladies Networking lunch in Colchester
- Park Run: Felixstowe, Stowmarket and Bury St Edmunds

## NEW SELFIE BOARD



Look out for us at more events in the New Year, especially during Cervical Cancer awareness week 21st – 28th January

## REASONABLE ADJUSTMENTS

CHRISTMAS EDITION

BOX BREATHING

WEAR SOMETHING COMFORTABLE

Xmas jumpers and dresses are welcome!

LISTEN TO SOME MUSIC

We love Michael Bublé or even Cher's Xmas Track - DJ Play that Christmas Song

